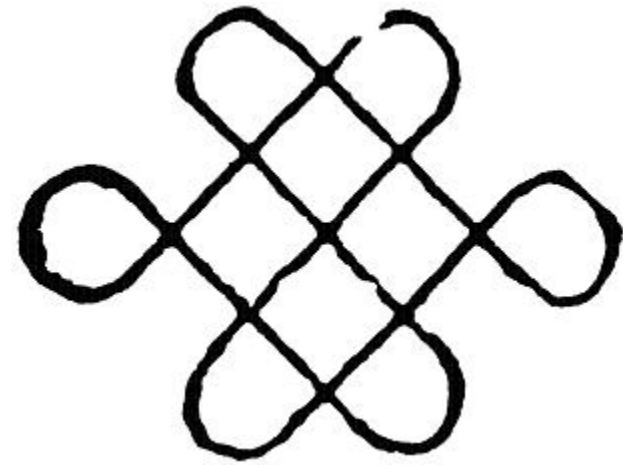




Be kind
whenever possible.



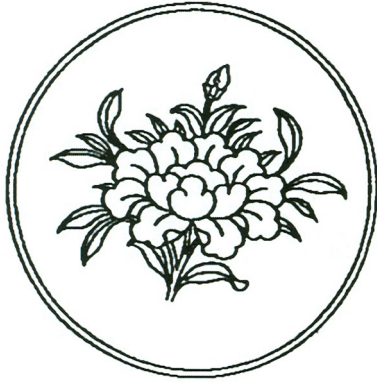
It is always
possible.



This is my simple religion.
There is no need for temples;
no need for complicated philosophy.

Our own brain, our own heart is our
temple; the philosophy is kindness.

May all beings be peaceful.
May all beings be happy.
May all beings be safe.



May all beings awaken to
the light of their true nature.
May all beings be free.



All are nothing
but flowers in
a flowing universe.



Sound of wind
blowing through the universe.
Breath trembling through me,
through you,
through ten thousand things.
Om - Life!



Within your heart
is a jewel
shining, shimmering
every precious moment